



Patient Name: _____

Date: _____

Customized Personality Profile

In order to serve you better and to give you the individual attention you deserve please check the appropriate responses.

I have a fear of – I have concerns about:

- Experiencing pain
- Not being numb
- Needles
- Unnecessary or wrong treatment
- Gagging
- Losing control
- Having something put over my mouth
- Being scolded or made to feel ashamed
- Catching a disease
- Losing my teeth
- Having to wear a denture or partial
- Other _____

The following makes me uncomfortable:

- The sounds of a dental drill
- Laying down in a dental chair
- The smells of a dental office
- Being numb
- Having to wait in the reception area
- Other _____

To understand what's going on in my mouth,

My preference is:

- To know all the details
- To be given the bottom line
- To be shown pictures and movies
- To read pamphlets and brochures
- To talk to a team member about solutions to my problems

My dental experiences as an adult have been:

- Completely pain free and comfortable
- Somewhat uncomfortable
- Painful
- Traumatic
- I have not seen the dentist as an adult or my visits have been very few

When I think about coming to the dentist I feel:

- Comfortable:** I have no anxiety about seeing the dentist or dental procedures
- Anxious:** I don't want to come but I make myself, however I am seldom comfortable
- Fearful:** I have stayed away from the dentist because of my fear and avoid coming unless absolutely necessary
- Extremely Fearful:** I cannot cope with dental visits and have avoided the dentist for years to the detriment of my dental health

I have avoided the dentist because of:

- Anxiety and fear
- Budget concerns
- Time concerns
- No sense of urgency
- Lack of trust
- Other _____

My childhood dental experiences were:

- Completely pain free and comfortable
- Somewhat uncomfortable
- Painful
- Traumatic
- I did not go to the dentist as a child

My immediate concern about my teeth and my

smile is: _____

What are patients personal dental values:

- Cosmetics
- Comfort
- Longevity

What qualities are important to you in a relationship with a dentist? Ex: No pain, trust, on-time appointment, professionally competent, procedures explained in advance in language the patient can understand, guidance and coaching, no judging.